



Plain Language Edition

Your Vote Counts:
A Self-Advocate's Guide to
Voting in the U.S.

What is the law
in my state?

Alabama

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Sometimes. It depends what kind of guardian you have.

How do I know if I can vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Alabama P&A is called the **Alabama Disabilities Advocacy Program**.

Phone: 1-800-826-1675

Email: adap@adap.ua.edu

Website: adap.ua.edu

Alaska

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge said I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Alaska P&A is called the **Disability Law Center of Alaska**.

Phone: 1-800-478-1234

Email: akpa@dlcak.org

Website: dlcak.org

Arizona

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

No. But you can go to the judge to get your right to vote back!
Ask your P&A for help.

How do I talk to my P&A?

The Arizona P&A is called the **Arizona Center for Disability Law**.

Phone: (800) 927-2260

Email: center@azdisabilitylaw.org

Website: azdisabilitylaw.org

Arkansas

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Check with your P&A.

How do I talk to my P&A?

The Arkansas P&A is called Disability Rights Arkansas.

Phone: 1-800-482-1174

Email: Info@DisabilityRightsAr.org

Website: disabilityrightsar.org

California

Can I vote if I have an intellectual disability?

Yes, unless a judge says you can't vote.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The California P&A is called Disability Rights California.

Phone: 1-800-776-5746

Contact Form: bit.ly/2H8Rc7e

Website: disabilityrightsca.org

Colorado

Can I vote if I have an intellectual disability?

Yes, unless a judge says you can't vote.

Can I vote if I have a guardian?

Yes.

How do I talk to my P&A?

The P&A in Colorado is called Disability Law Colorado.

Phone: 1-303-722-0300

Website: disabilitylawco.org

Connecticut

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, but your guardian needs to file a form to ask the judge if you can vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Connecticut P&A is called Disability Rights Connecticut.

Phone: 860-297-4300

Email: info@disrightsct.org

Website: disrightsct.org

Delaware

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

It depends. The judge decides when you get your guardian.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Delaware P&A is called the Community Legal Aid Society.

Phone: 1-800-292-7980

Website: declasi.org

District of Columbia

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Washington, DC P&A is called University Legal Services.

Phone: 202-547-0198

Email: info@uls-dc.org

Website: uls-dc.org

Florida

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Florida P&A is called Disability Rights Florida.

Phone: 1-800-342-0823

Contact Form: disabilityrightsflorida.org/contact/select_form

Website: disabilityrightsflorida.org

Georgia

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Georgia P&A is called the Georgia Advocacy Office.

Phone: 1-800-537-2329

Email: info@thegao.org

Website: thegao.org

Hawaii

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Hawaii P&A is called the Hawaii Disability Rights Center.

Phone: 1-800-882-1057

Contact Form: www.hawaiidisabilityrights.org/assistance-form/

Website: hawaiidisabilityrights.org

Idaho

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Idaho P&A is called Disability Rights Idaho.

Phone: 1-866-262-3462

Email: info@disabilityrightsidaho.org

Website: disabilityrightsidaho.org

Illinois

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes.

How do I talk to my P&A?

The Illinois P&A is called Equip for Equality.

Phone: 1-312-341-0022

Website: equipforequality.org

Indiana

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes.

How do I talk to my P&A?

The Indiana P&A is called Disability Rights Indiana.

Phone: 1-317-722-5555

Email: info@IndianaDisabilityRights.org

Website: in.gov/idr

Iowa

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Iowa P&A is called Disability Rights Iowa.

Phone: 1-800-779-2502

Email: info@driowa.org

Website: disabilityrightsiowa.org

Kansas

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes.

How do I talk to my P&A?

The Kansas P&A is called Disability Rights Center of Kansas.

Phone: 1-785-273-9661

Website: drckansas.org

Kentucky

Can I vote if I have an intellectual disability?

No, but ask the P&A about it. They might have more information.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Kentucky P&A is called Kentucky Protection & Advocacy.

Phone: 1-502-564-2967

Email: KYPandAinquiry@gmail.com

Website: <http://www.kypa.net/>

Louisiana

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

No.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Louisiana P&A is called the Advocacy Center of Louisiana.

Phone: 1-800-960-7705

Email: advocacycenter@advocacyla.org

Website: advocacyla.org

Maine

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Maine P&A is called Disability Rights Maine.

Phone: 1-800-452-1914

Email: advocate@drme.org

Website: drme.org

Maryland

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Maryland P&A is called Disability Rights Maryland.

Phone: 1-800-233-7201

Website: disabilityrightsmd.org

Massachusetts

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless your guardian says you can't vote.

How do I talk to my P&A?

The Massachusetts P&A is called Disability Law Center.

Phone: 1-800-872-9992

Website: dlc-ma.org

Michigan

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes.

How do I talk to my P&A?

The Michigan P&A is called Michigan Protection & Advocacy Service.

Phone: 1-800-288-5923

Website: mpas.org/contact-mpas

Minnesota

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Minnesota P&A is called the Minnesota Disability Law Center.

Phone: 1-800-233-7201

Email: mndlc@midmnlegal.org

Website: <https://mylegalaid.org/our-work/disability-law>

Mississippi

Can I vote if I have an intellectual disability?

No.

Can I vote if I have a guardian?

Yes.

How do I know if I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Mississippi P&A is called Disability Rights Mississippi.

Phone: 1-601-968-0600

Website: drms.ms

Missouri

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

No.

How do I talk to my P&A?

The Missouri P&A is called Missouri Protection & Advocacy Services.

Phone: 1-573-659-0678

Email: app.unit@mo-pa.org

Website: moadvocacy.org

Montana

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless the guardianship order says you can't vote.

How do I know if I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Montana P&A is called Disability Rights Montana.

Phone: 1-800-245-4743

Website: disabilityrightsmt.org

Nebraska

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Nebraska P&A is called Disability Rights Nebraska.

Phone: 1-800-422-6691

Email: info@disabilityrightsnebraska.org

Website: disabilityrightsnebraska.org

Nevada

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Nevada P&A is called the Nevada Disability Law Center.

Phone: 1-888-349-3843

Email: lasvegas@ndalc.org

Website: ndalc.org

New Hampshire

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes.

How do I talk to my P&A?

The New Hampshire P&A is called Disability Rights Center New Hampshire.

Phone: 1-603-228-0432

Email: mail@drcnh.org

Website: drcnh.org

New Jersey

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The New Jersey P&A is called Disability Rights New Jersey.

Phone: 1-800-922-7233

Email: advocate@drnj.org

Website: drnj.org

New Mexico

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The New Mexico P&A is called Disability Rights New Mexico.

Phone: 1-505-256-3100

Email: info@drnm.org

Website: drnm.org

New York

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge said you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The New York P&A is called Disability Rights New York.

Phone: 1-518-432-7861

Email: mail@DRNY.org

Website: drny.org

North Carolina

Can I vote if I have an intellectual disability?

Yes, unless a judge said you can't vote. You may need to prove you can read and write.

Can I vote if I have a guardian?

Yes.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The North Carolina P&A is called Disability Rights North Carolina.

Phone: 1-919-856-2195

Email: info@disabilityrightsn.org

Website: disabilityrightsn.org

North Dakota

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The North Dakota P&A is called Disability Rights North Dakota.

Phone: 1-701-328-2950

Email: panda@nd.gov

Website: ndpanda.org

Ohio

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Ohio P&A is called Disability Rights Ohio.

Phone: 1-800-282-9181

Website: disabilityrightsohio.org

Oklahoma

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote. But in Oklahoma, judges usually don't let people with guardians vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Oklahoma P&A is called the Oklahoma Disability Law Center.

Phone: 1-918-743-6220

Website: okdlc.org

Oregon

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Oregon P&A is called Disability Rights Oregon.

Phone: 1-701-328-2950

Email: welcome@droregon.org

Website: droregon.org

Pennsylvania

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes.

How do I talk to my P&A?

The Pennsylvania P&A is called Disability Rights Pennsylvania.

Phone: 1-412-391-5225

Website: disabilityrightspa.org

Puerto Rico

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

No.

How do I talk to my P&A?

The Puerto Rico P&A is called Defensoría de las Personas con Impedimentos.

Phone: 1-787-725-2333

Email: dpi@dpi.pr.gov

Website: dpi.pr.gov/Pages/default.aspx

Rhode Island

Can I vote if I have an intellectual disability?

Yes, unless a judge says you can't vote.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Rhode Island P&A is called the Rhode Island Disability Law Center.

Phone: 1-401-831-3150

Email: info@ridlc.org

Website: ridlc.org

South Carolina

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

No.

How do I talk to my P&A?

The South Carolina P&A is called Protection and Advocacy for People with Disabilities.

Phone: 1-803-782-0639

Email: info@pandasc.org

Website: pandasc.org

South Dakota

Can I vote if I have an intellectual disability?

Yes, unless a judge says you can't vote.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The South Dakota P&A is called Disability Rights South Dakota.

Phone: 1-800-658-4782

Email: drsd@drsdlaw.org

Website: drsdlaw.org

Tennessee

Can I vote if I have an intellectual disability?

Yes, unless a judge says you can't vote.

Can I vote if I have a guardian?

No.

How do I talk to my P&A?

The Tennessee P&A is called Disability Rights Tennessee.

Phone: 1-615-298-1080

Email: gethelp@disabilityrightstn.org

Website: disabilityrightstn.org

Texas

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I talk to my P&A?

The Texas P&A is called Disability Rights Texas.

Phone: 1-512-454-4816

Website: DisabilityRightsTx.org

Utah

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

No.

How do I talk to my P&A?

The Utah P&A is called Disability Law Center.

Phone: 1-801-363-1347

Website: disabilitylawcenter.org

Vermont

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes.

How do I talk to my P&A?

The Vermont P&A is called Disability Rights Vermont

Phone: 1-802-229-1355

Email: info@disabilityrightsvt.org

Website: disabilityrightsvt.org

Virginia

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

No.

How do I talk to my P&A?

The Virginia P&A is called disAbility Law Center of Virginia.

Phone: 1-804-225-2042

Email: info@dlcv.org

Website: dlcv.org

Washington

Can I vote if I have an intellectual disability?

Yes, unless a judge says you can't vote.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Washington P&A is called Disability Rights Washington.

Phone: 1-800-562-2702

Email: info@dr-wa.org

Website: disabilityrightswa.org

West Virginia

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

No.

How do I talk to my P&A?

The West Virginia P&A is called Disability Rights of West Virginia..

Phone: 1-304-346-0847

Website: drofwv.org

Wisconsin

Can I vote if I have an intellectual disability?

Yes, unless a judge says you can't vote.

Can I vote if I have a guardian?

No, unless a judge says you **can** vote.

How do I know if I can vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Wisconsin P&A is called Disability Rights Wisconsin.

Phone: 1-800-928-8778

Website: disabilityrightswi.org

Wyoming

Can I vote if I have an intellectual disability?

Yes.

Can I vote if I have a guardian?

Yes, unless a judge says you can't vote.

How do I know if a judge says I can't vote?

Ask your guardian. If your guardian won't tell you, talk to your P&A.

How do I talk to my P&A?

The Wyoming P&A is called Protection and Advocacy System Inc.

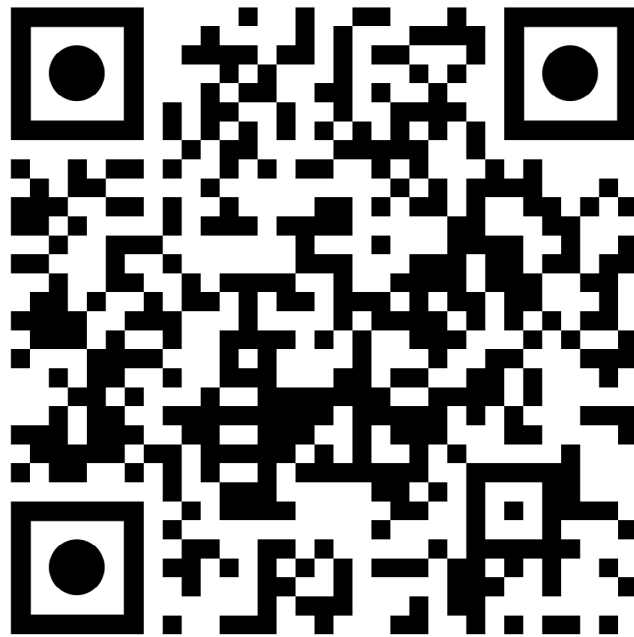
Phone: 1-307-632-3496

Email: wypanda@wypanda.com

Website: wypanda.com

Want to share your thoughts on
this toolkit?

Take our survey!



Scan this code with your phone
to go to our survey.

Or, go to

[www.surveymonkey.com/r/
ASANresource](http://www.surveymonkey.com/r/ASANresource)
