“Who’s in Control?”
Control over community services for people with disabilities

Part 2: What are LTSS?
What are institutions and HCBS?
Words to Know in Part 2
Long-term services and supports (LTSS)

Services that help people with disabilities live our everyday lives. Some kinds of LTSS are job coaches and in-home helpers.

Institutions

Places where a lot of disabled people live. People living in institutions did not decide to live there. They usually can't leave when they want to.
Home and community-based services (HCBS)

Getting LTSS in the community. In this toolkit, we usually call HCBS “community services.”
What are LTSS? What are institutions and HCBS?

Some people with disabilities need long-term services and supports (LTSS).

LTSS are services that help people with disabilities live our everyday lives.
Some kinds of LTSS are:

• Job coaches

• Transportation

• An in-home helper
Some people with disabilities get LTSS in institutions.

Institutions are places where a lot of disabled people live.

People living in institutions did not decide to live there.

They were usually put there by someone else.
Institutions are not run by the people living there.

Institutions are run by the people who work there.

People living in institutions usually can’t leave when they want to.

They usually can’t spend their free time how they want to.
Other people with disabilities get LTSS in their community.

They get LTSS in their own homes.

Getting LTSS in the community is also called **home and community-based services**. Some people call them “**HCBS**” for short.

In this toolkit, we usually call HCBS “**community services**.”
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