"Who’s in Control?"
Control over community services for people with disabilities

Part 9: 12 Questions to ask to see who is in control
Words to Know in Part 4
Medicaid

A health care program in the United States. Medicaid helps people get health care if they don’t have a lot of money.

Quality measures

Questions Medicaid can ask to find out whether health care is good or bad.
12 Questions to ask to see who is in control

Question 1

Do your staff mind their own business?

Do they respect your privacy?
Question 2

Do staff look at your medical or bank information?

Do they look even if you didn’t say it was okay?
Question 3

Do your staff treat you like an adult?

Do you have to ask your staff if it’s okay to do something?

For example, do you have to ask before you go for a walk?
Question 4

Do staff let you speak up for yourself?

Do they speak for you when you don’t want them to?
Question 5

Do staff say bad things about you?

Do they boss you around, or make fun of you?
Question 6

Do you feel safe telling your staff to do things differently?

Do you feel safe telling your staff that you didn’t like something they did?
Question 7

Can you make your own daily schedule, or do staff do it for you?

Can you choose to not have a schedule?
Question 8

Do staff think you can’t do things by yourself, even if you can?

Do staff stop you from doing things because they don’t think you can?
Question 9

Do you get to pick how your staff helps you?

Do you get to do things by yourself if you want to?

Or, does your staff do everything for you?
Question 10

Do staff have “rules” about where you can go and when?

For example, do staff say you can’t go out at night?

Or that you can’t go to certain places, like to see a partner or to a bar?
Question 11

Will your staff help you understand information you need to know?

For example, information about school, work, or your health?
Question 12

Do staff know what you want help with when they come?

If they don’t know, what do they do?

Do they ask? Do they “do their own thing?” Or do they decide what you’re going to do?