

Fighting for Fairness toolkit - Discussion Guide

We made this guide with discussion questions to help you talk more about the toolkit. You can use this guide with self-advocacy groups, or to talk with friends or family. Try answering these questions to think more about fighting for fairness!

About the whole toolkit

- What did you learn from this toolkit that you didn't know before? What did you already know?
- Is there anything in the toolkit that you still don't understand? What do you want to learn more about?

Meeting new people

- What should you do if you find out you're being unfair without meaning to? What should you do if you hurt someone's feelings by being unfair?

Stereotypes

- What are some ways to tell if an idea about a group of people is a stereotype?
- What are some stereotypes you think people have about your disability? How about stereotypes about other parts of who you are? Please share if you feel comfortable.
- Have you ever figured out that you believed a stereotype without meaning to? What can you do to try and keep that from happening again?

Discrimination

- Sometimes, people discriminate against other people. Other times, society discriminates against people. What is the difference between people and society discriminating? Do the 2 kinds of discrimination affect people differently?
- If you feel comfortable sharing, tell us about a time you were discriminated against. Do you think this was one person discriminating against you, or do you think it was society discriminating against you? You can also ask the group what they think.

What we can do

- How do you show that you're proud of who you are?
- What are some ways we [the people/group discussing] are already fighting against discrimination?
- Are we better at fighting some types of discrimination than others?
- What can we do to get better at fighting all types of discrimination?