



Extra Space Edition

Our Bodies, Our Rights:
What's Going On at the
Supreme Court?

Part 8: What can we do?

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Words to Know in Part 8



Abortion

When a person decides to end their pregnancy without giving birth.



Abortion funds

Groups that give money to people who need abortions.



Bodily autonomy

The right of people to control what happens to their bodies. Bodily autonomy means people get to make their own decisions about their bodies.



Self-determination

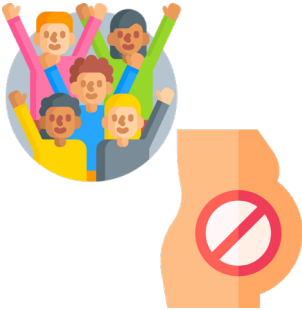
The right to make choices about your own life. Self-determination means people get to choose what they do with their lives.

What can we do?

Talk about abortion and bodily autonomy with others.



We talked about how abortion is really common.



Lots of different people have abortions.



It's important to talk about how abortion is normal.



It's important to talk about how everyone has the right to bodily autonomy.



It's important to talk about how everyone has the right to self-determination.



That way, more people can learn about these ideas.



Not everyone will agree with you.



People have many different opinions about abortion.



But some people will agree with you.



They can help you advocate for abortion to stay legal.

Look out for different ways you can advocate.

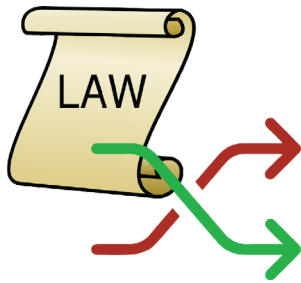


Different groups have different ways you can help them with their advocacy.



For example, ASAN might send out an Action Alert asking you to contact your elected officials.

Advocate for laws in your state that make it easier to get an abortion.



Right now, each state has different laws.



Some states make it very easy to get an abortion.



Some states make it very hard to get an abortion.



Advocate for laws in your state that make it easier to get an abortion.



You can learn more about your state's laws here: <https://www.guttmacher.org/state-policy/explore/overview-abortion-laws>.



You can learn more about bills your state has introduced that have to do with abortion here: <https://www.guttmacher.org/state-policy>.

Give money to abortion funds, if you can.



Abortion funds are groups that give money to people who need abortions.



Abortion funds get money through donations.



That means abortion funds need other people to give money to them.



Abortion funds are very important.

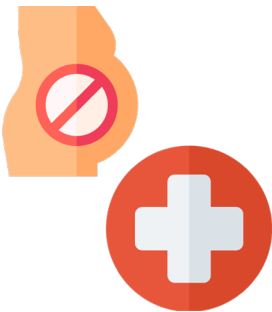
They help people pay for things like:



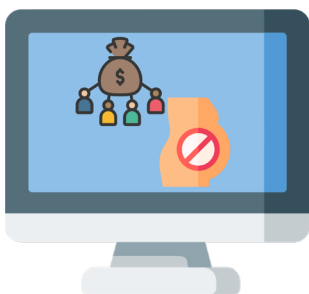
- Getting an abortion



- Traveling to get an abortion



- Getting health care after an abortion



You can find a national list of abortion funds here: <https://abortionfunds.org/funds/>.