Plain Language Version

Beyond Coercion and Institutionalization:

People with Intellectual and Developmental Disabilities and the Need for Improved Behavior Support Services

Part 1: To Start

To Start

This is a toolkit about behavior support services for people with intellectual and developmental disabilities (IDD).

This toolkit will answer questions like:

- What is behavior?

- What is "challenging behavior"?

- Why do people do "challenging behavior"?

- What is community living?

- What are HCBS?

- What are behavior support services?

- How are behavior support services part of HCBS?

- How can behavior support services help people with IDD?

- How can behavior support services hurt people with IDD?

- How have behavior support services changed over time?

- What problems are there with how behavior support services happen now?

- What changes could make behavior support services better?

- What are mental health services?

- How can mental health services help people with IDD?

- What are good goals for behavior support services?

- What can people with IDD do to prepare for times when we might not be able to control our behavior?

This toolkit is based on a research paper ASAN wrote. The research paper is not in plain language or Easy Read. You can read more about how we wrote the research paper and this toolkit in Part 3: How We Made This Toolkit.

In this toolkit, we talk about some topics that some people might find hard to deal with.

We talk about topics like:

- Institutions.

- Restraint and seclusion.

- Abuse.

- Services that hurt people with IDD.

It is okay to take a break from reading this toolkit if you need to. It is okay to not read this toolkit if you need to.