ASAN
AUTISTIC SELF ADVOCACY NETWORK

Easy Read Edition

What Is Structural Racism?

Part 0: How to use this toolkit

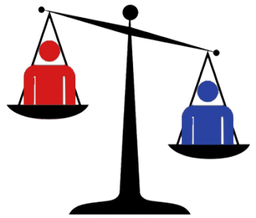
Words to Know in Part 0

discrimination

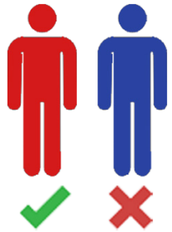
Discrimination is treating someone unfairly because of who they are.

How to use this toolkit

This toolkit is about racism.



Racism is one type of **discrimination.**



Discrimination is treating someone unfairly because of who they are.

There are other kinds of discrimination.

One example of discrimination is ableism.

Ableism is discrimination against people with disabilities.

See our toolkit Fighting for Fairness for more information about discrimination.

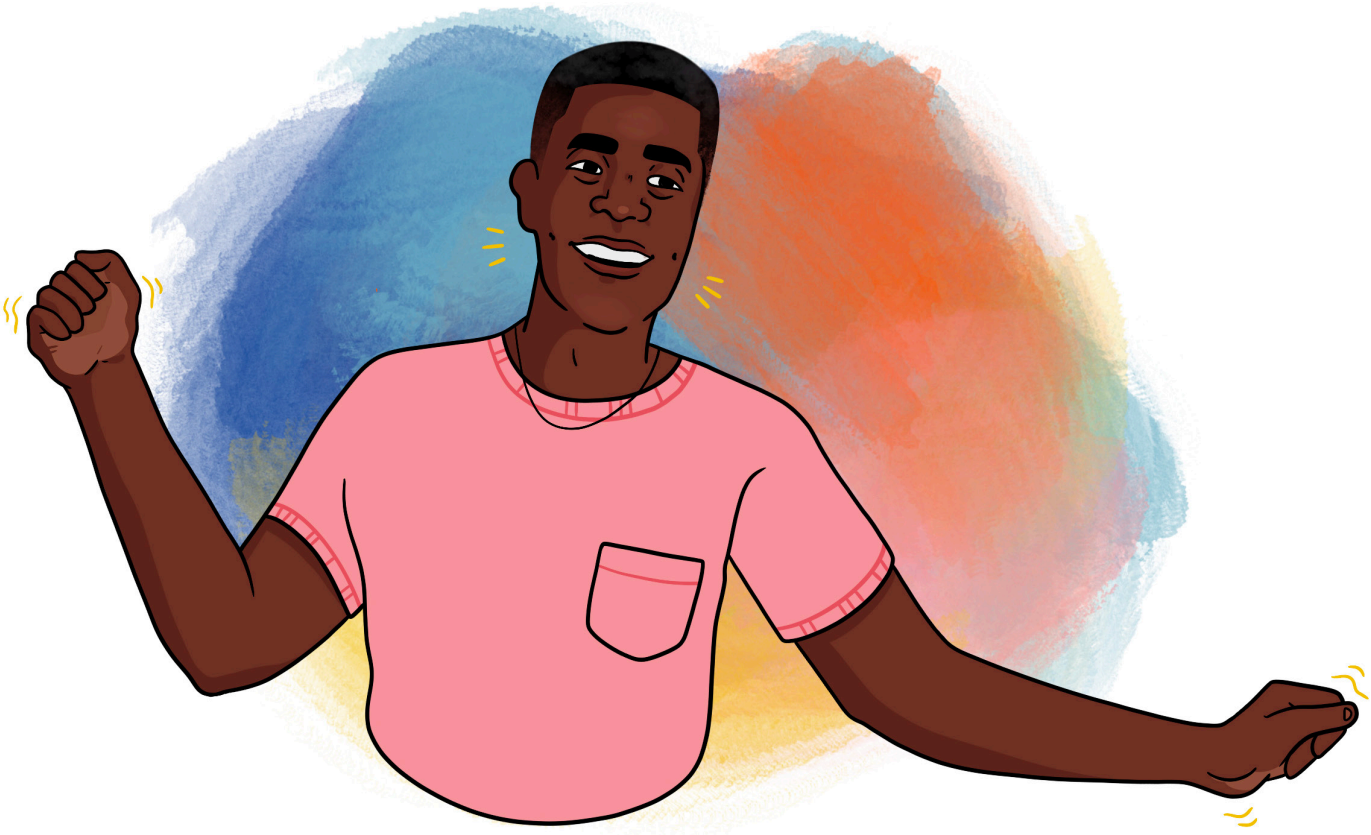
Talking about racism can be stressful.

It can be especially stressful for people of color, who have faced racism.

This toolkit talks about racism in a lot of detail.

Please take care of yourself while reading this toolkit.

It is okay if you need to take breaks.

It is okay to put the toolkit down and go do something else for a while.

It is okay if you can’t read the whole thing all at once.