



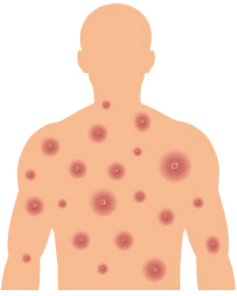
**Developmental
Disabilities
Planning Council**

Easy Read Edition

A Self-Advocate's Guide to Safer Sex

Part 6: What is Mpox? How can you prevent Mpox?

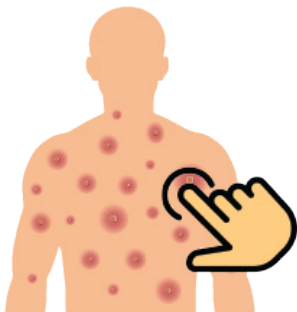
Part 6: What is Mpox? How can you prevent Mpox?



Mpox (also called monkeypox) is a disease.



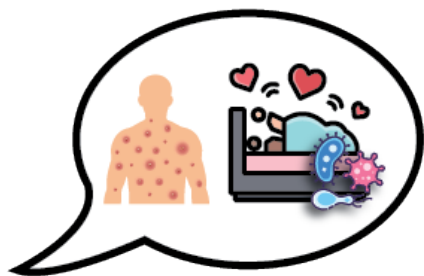
It causes painful sores on your body.



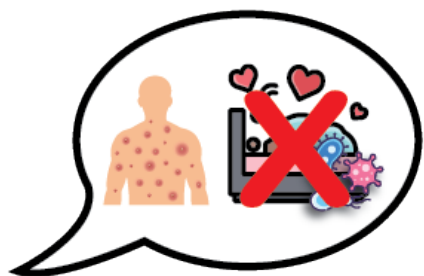
Mpox spreads through touching the sores of someone who already has mpox.



This can happen during sex because during sex, people are usually naked and touching each other a lot.



Because mpox can spread during sex, some people say mpox is an STI.



Other people say that mpox is not an STI because mpox can spread in other ways.



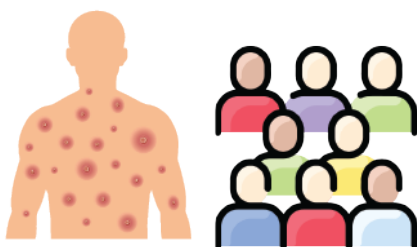
In 2022 and 2023, there were a lot of mpox cases all around the world.



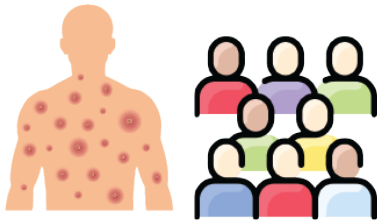
A lot of these cases were in LGBTQ+ people, especially gay, bisexual, and queer men.



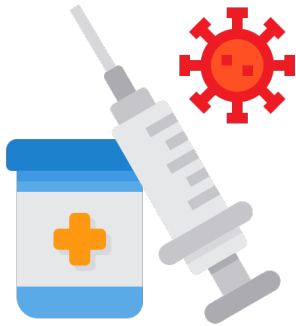
Mpox affected LGBTQ+ people a lot more than it affected non-LGBTQ+ people.



But it is important to remember that mpox can affect anyone.



Anyone can get mpox.



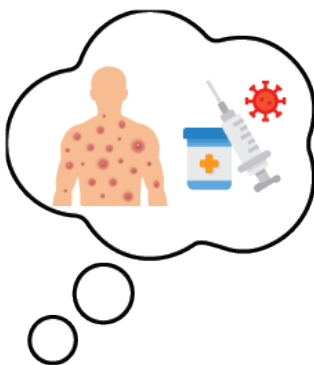
There is a vaccine for mpox.



The vaccine can stop you from getting mpox.



The vaccine is very good at stopping you from getting mpox.



If you are at high risk of getting mpox, you should think about getting the mpox vaccine.