



**Developmental
Disabilities
Planning Council**

Easy Read Edition

Barriers to Gender Affirming Health Care

**Part 12: Who can help me get
gender affirming care?**

Who can help me get gender affirming care?



There are different groups fighting for gender affirming care for transgender and nonbinary people.



Some of these groups focus on stopping laws that ban gender affirming care.



Some of these groups help transgender people get gender affirming care.



Some of these groups give support to transgender and nonbinary people.



You can find these groups by searching online for “LGBTQ+ groups [Your town].”



Not every city has an LGBTQ+ organization.



The nearest LGBTQ+ group may be in the next city.



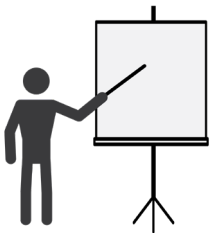
The nearest LGBTQ+ group may be in another state.



You can find LGBTQ+ community centers by going to [CenterLink’s map of LGBTQ+ community centers](#).



LGBTQ+ groups may not know a lot about helping people with disabilities.



You may need to teach them about disability rights.



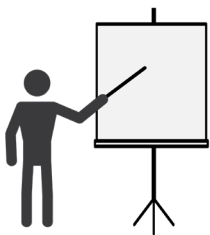
You may need help teaching LGBTQ+ groups about disability rights.



The developmental disability council in your state may also be able to help you.



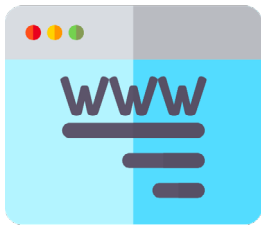
They may not know a lot about transgender people.



You may need help from the LGBTQ+ groups to teach members of the developmental disability council about transgender health care.



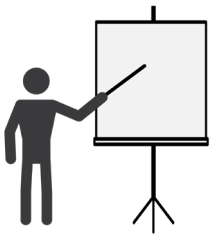
You may need help from the LGBTQ+ groups to teach members of the developmental disability council about transgender rights.



You can find your state's developmental disability council on this [list of state developmental disability councils](#).



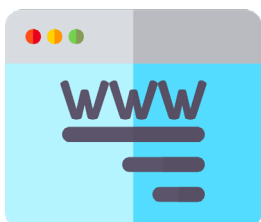
Support workers need to know about transgender health care.



Support workers should be taught about transgender health care.



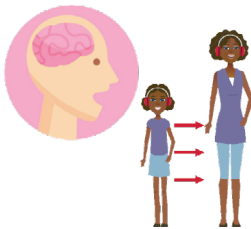
Support workers should want to support the transgender people they work with.



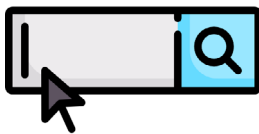
You can visit the [Proud and Supported website](#) to find more resources about LGBTQ+ issues for support workers.



You can also work with a Rainbow Support Group.



Rainbow Support groups are support groups for LGBTQ+ people with intellectual and developmental disabilities.



You can do a search for “rainbow support group disability [your city or area].”



If your city or area does not have a Rainbow Support Group, you could start one.